

## **Nail News from Kathi's Hands and Feet**

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### **Specials: 25% off all Sea of Softness Products**

It's almost holiday time and that means **Open House** time. Mark your calendars for **Monday December 7<sup>th</sup>** from 5:00-7:00: free chair massage; basket raffle; wine & cheese tasting; custom shopping opportunities; half off Sea of Softness products; 10% off Gift Certificates. All proceeds from this year's raffle will be split between rehab expenses for Angela (our staff member) and Homeless Ministries. Last year we raised \$2000 and our goal is to double that this year. We have matching funds for \$500 through Thrivent Financial. Salon Blu will also have an open house on November 18th sponsoring the same projects. Purchase your tickets now. We will also have a "Giving Tree" to gather men's socks, underwear, gloves, hats and scarves - receive one free raffle ticket for each item you put on our tree.

**Orange Essential Oil: EO=essential oil** is harvested through the rinds of oranges. This oil is antibacterial, antifungal and antiseptic. Its properties include lifting of moods and depression, relief from headache and sinus congestion and help with combating flu and colds.

Winter Refresher: Mix 8 drops EO with 1 cup witch hazel and 1 cup water. Place in spray bottle. Shake before using spritz as necessary. (Avoid eyes)

Mood Lifter: Mix 4-6 drops EO with ¼ cup sweet almond or grapeseed oil. Keep in airtight container. Dab it on your temples to relieve headaches or depression, or around nose for colds and sinus congestion.

Clean Floors: Mix ¼ cup white vinegar and 14 drops EO and add to mop water. Clean floors and woodwork. Add two squirts of Dawn for heavy cleanup. Rinse lightly with plain water if floors appear too slippery.

Leather Furniture: Moisturize your leather with ¼ cup flax seed oil, ½ cup white vinegar, 3-4 drops EO. Keep in glass container. Shake before use. Apply with soft cloth, rub into small areas and buff till dry.

Kill Fleas in Carpet: Mix 2 cups baking soda and 15 drops EO. Sprinkle on carpet and let sit for 30 minutes to one hour. Keep pets and children away from carpet during this time. Vacuum and you will have no more pests.