

Nail News from Kathi's Hands and Feet

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6 Hours 'Til Showtime... Oh No, what do I do?

Skin: Do a facial mask... makes you look like you just got back from vacation. Here are two we like:

Peter Thomas Roth-Instant Firm X - \$48 at Sephora

StriVectin Dermal Infusion - \$69 at Sephora

Hair: Go to a walk-in salon and get a blowout with body or put your hair into a classic chignon. \$40 should cover this at most chair salons.

Makeup: Keep it simple.

- Smooth out your favorite foundation or tinted moisturizer.
- Brighten your complexion with a touch of bronzer or blush.
- Apply grey or brown eyeliner to your top lash line and smudge.
- Swipe on mascara and fill in sparse spots on your brows.
- Add a creamy lipstick in a berry shade.
- If there's time, get a manicure or shellac for your nails & a pedicure.
- Finally if you are not already sporting a subtle glow, consider smoothing on a faux-glow lotion like St. Tropez One Night Only Instant Glow Body Lotion
- Smile, and take some pictures-treasure the beautiful you.

If you end up at a salon, ask if they have a makeup artist on staff that can apply a simple, natural face, and if there's time add a few extra lashes to your outer corners of your top lashes. A few false lashes can drastically impact your whole look.